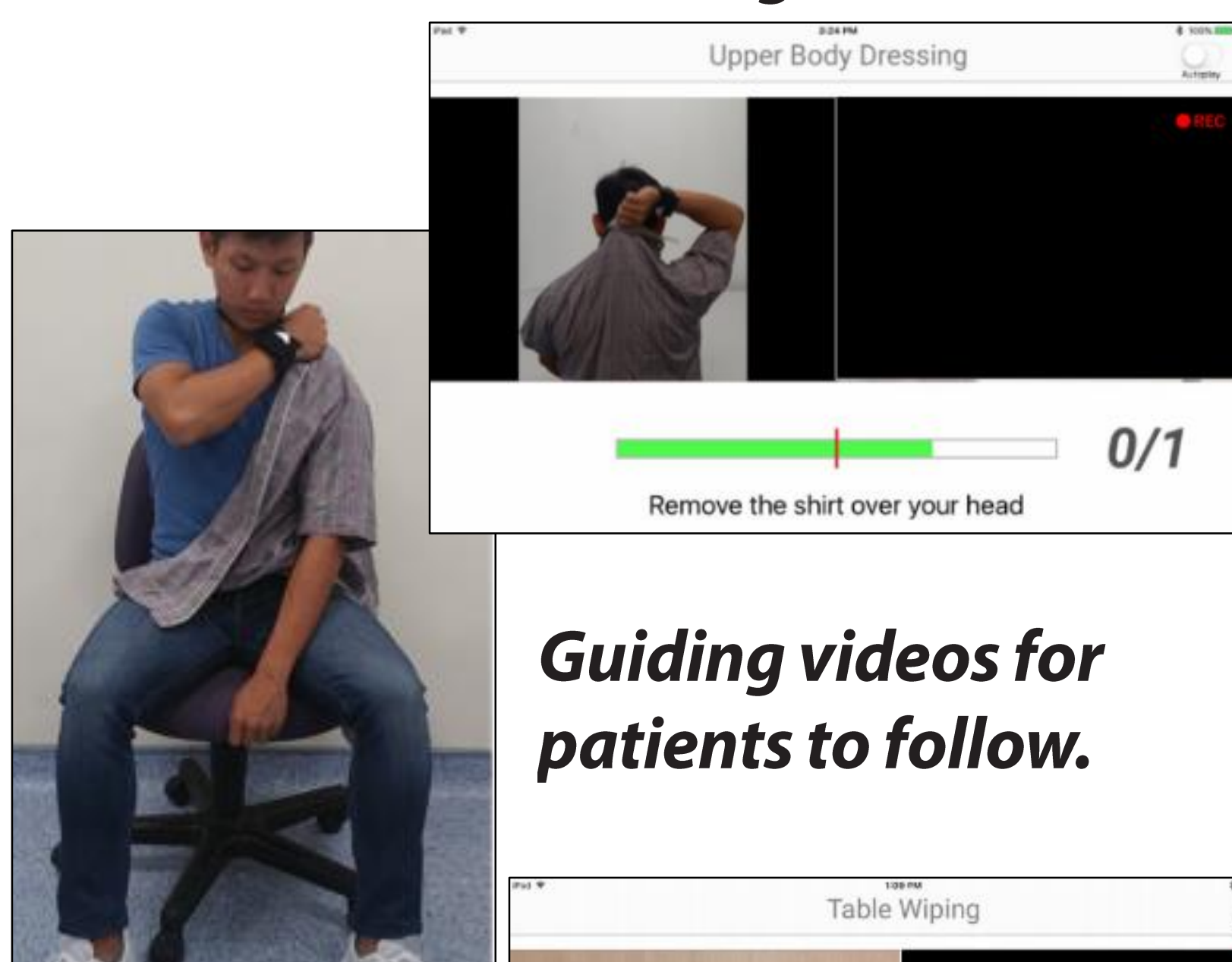


# TELE-REHABILITATION: ACTIVITIES OF DAILY LIVING (ADL)

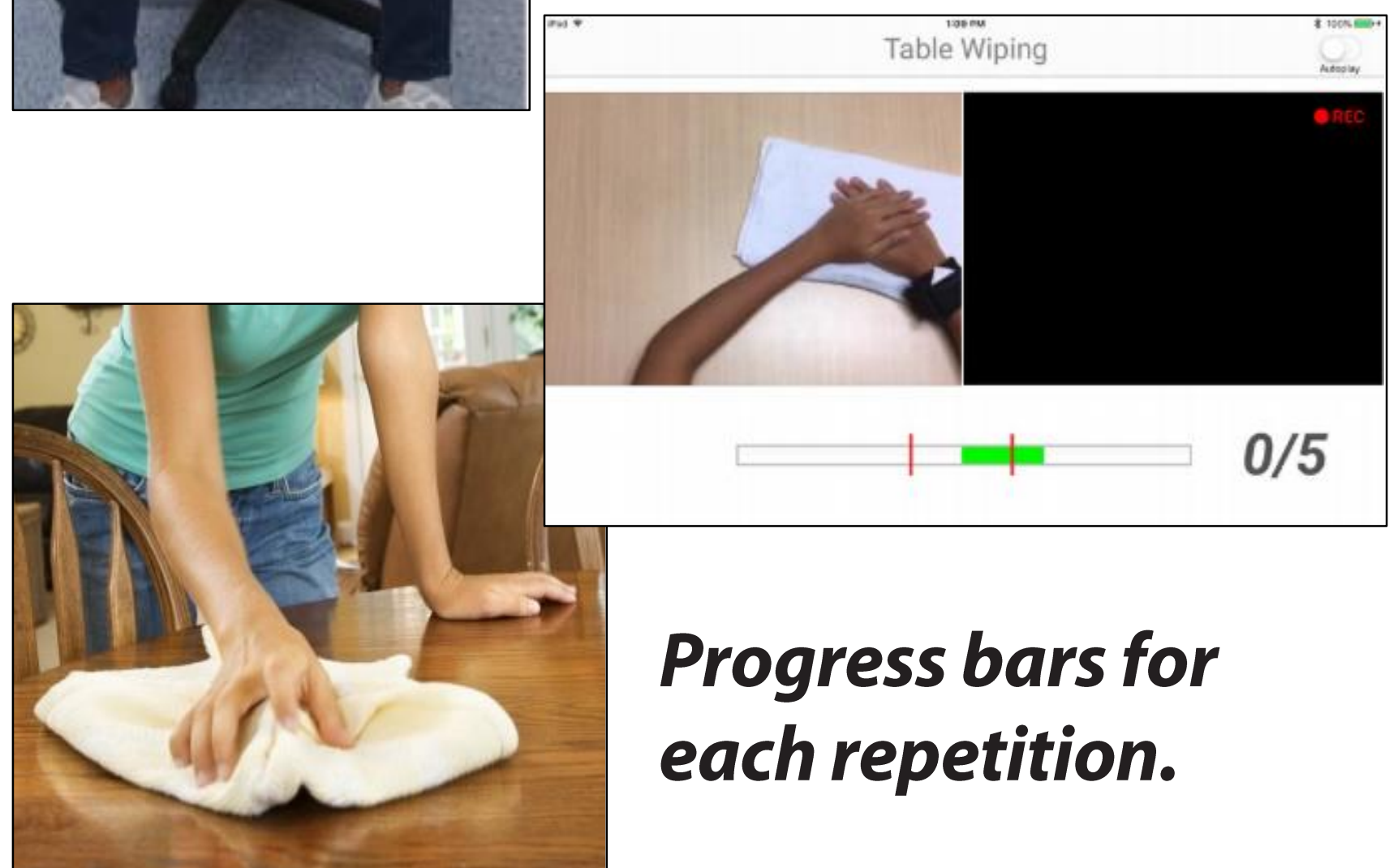
Tele-rehabilitation can enhance a patient's functional recovery to reduce dependence on caregivers for Activities of Daily Living (ADLs) such as dressing, and cleaning.



**Patient performs exercises at home while wearing motion sensors.**

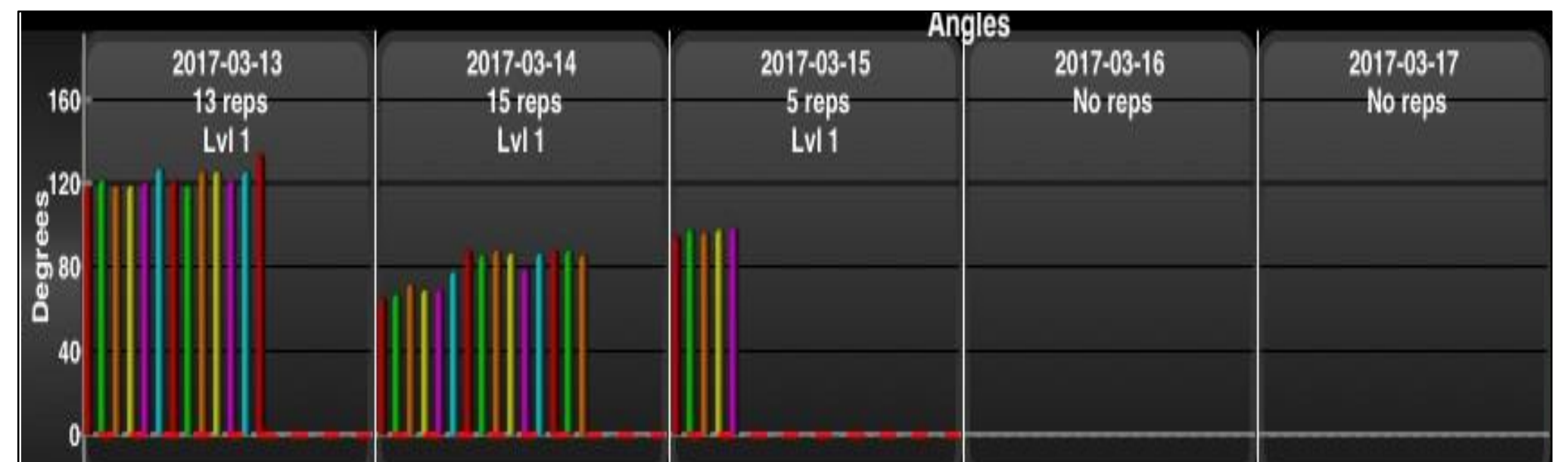


**Guiding videos for patients to follow.**

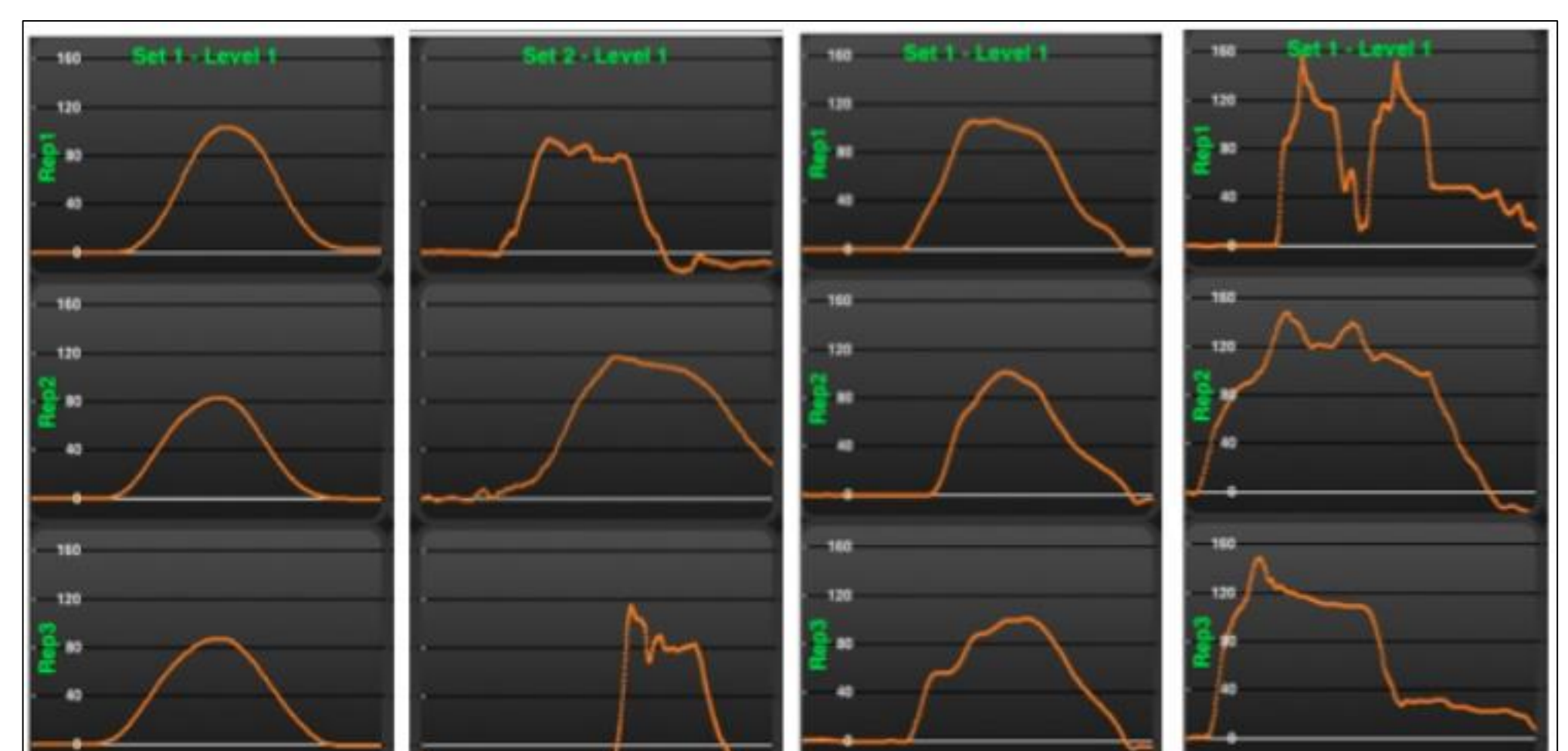


**Progress bars for each repetition.**

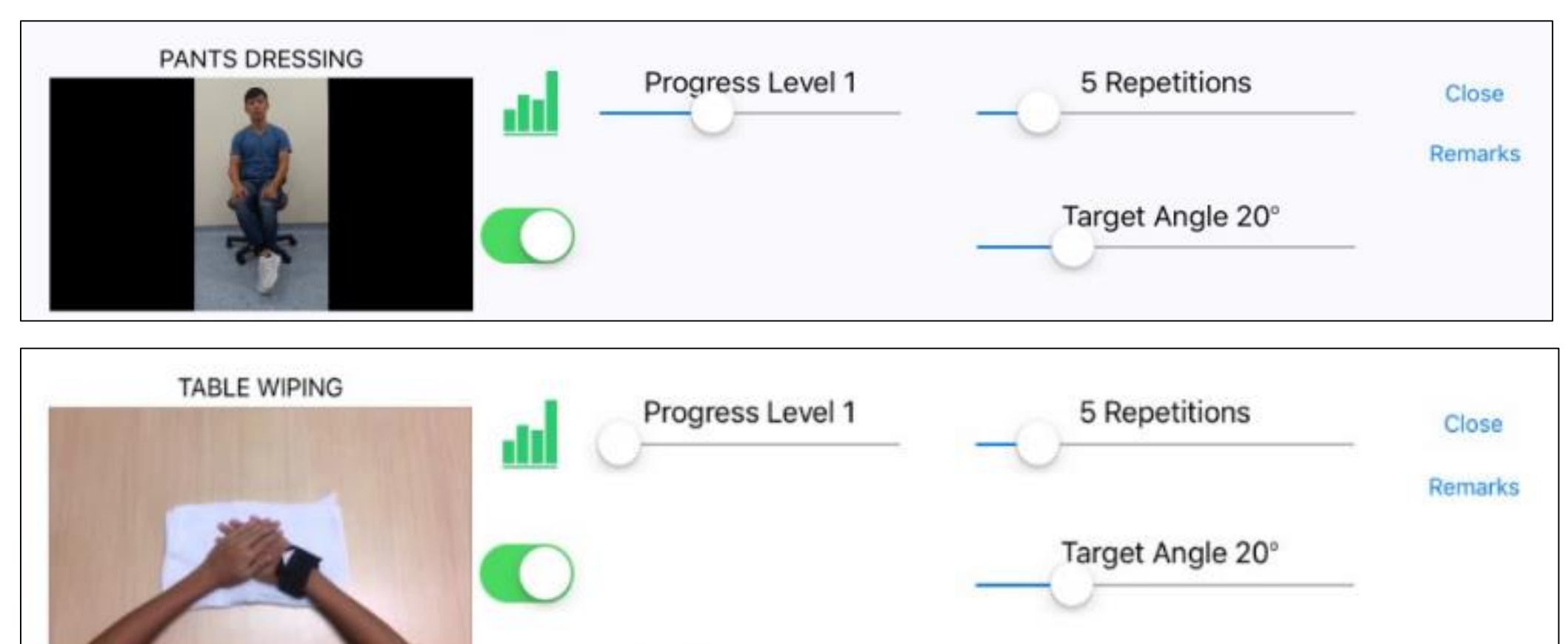
**Top – Dressing (Upper body)**  
**Bottom – Table wiping**



**Activity data provides a simple way to assess patient's adherence to rehabilitation.**



**Therapist reviews the patient's data in one glance, and adjusts the rehabilitation program accordingly.**



**Intuitive switches and sliders for easy prescription and adjustments.**



**Saw Swee Hock  
School of Public Health**



**Department of Electrical & Computer Engineering  
Faculty of Engineering**

For more information, email [arthurtay@nus.edu.sg](mailto:arthurtay@nus.edu.sg)